

West Central Conference Track & Field Meet - 2015 - 5/14/2015

Benson High School

Results - West Central Conference Track & field Meet

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1	10	Minnewaska A	13.00 10
2	11	Atwater-Cosm	13.18 8
3	10	Morris Area/	13.30 6
4	12	Bold/Blh*	13.43 5
5	8	Minnewaska A	13.67 4
6	10	Benson/KMS*	13.79 3
7	10	Montevideo	13.80 2
8	12	Bold/Blh*	13.85 1
9	12	Atwater-Cosm	14.17
10	9	Minnewaska A	14.19
11	10	Bold/Blh*	14.27
12	9	Morris Area/	14.33
13	7	Benson/KMS*	14.37
14	12	Benson/KMS*	14.59
15	7	Morris Area/	14.62
16	7	Atwater-Cosm	14.72
17	9	Montevideo	14.83
18	12	Sauk Centre	15.38
19	9	Paynesville	15.74
20	10	Paynesville	15.89
21	9	Yellow Medic	16.14
22	0	Paynesville	17.46

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1	10	Minnewaska A	26.87 10
2	10	Morris Area/	26.94 8
3	10	Paynesville	27.24 6
4	9	Montevideo	27.27 5
5	11	Atwater-Cosm	27.75 4
6	12	Bold/Blh*	28.14 3
7	9	Bold/Blh*	28.67 2
8	10	Benson/KMS*	28.87 1
9	11	Montevideo	29.29
10	10	Morris Area/	30.27
11	9	Minnewaska A	30.39
12	12	Bold/Blh*	30.44
13	11	Paynesville	30.51
14	11	Yellow Medic	30.86
15	7	Atwater-Cosm	30.94
16	10	Morris Area/	30.96
17	10	Benson/KMS*	31.30
18	10	Benson/KMS*	32.11
19	9	Yellow Medic	33.26
20	9	Minnewaska A	33.56
21	7	Sauk Centre	33.58
22	0	Paynesville	36.73

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	10	Paynesville	1:00.22 10
2	10	Morris Area/	1:03.22 8
3	11	Montevideo	1:03.89 6
4	11	Benson/KMS*	1:04.59 5
5	11	Benson/KMS*	1:05.71 4
6	10	Morris Area/	1:06.54 3
7	7	Paynesville	1:07.30 2
8	12	Benson/KMS*	1:07.61 1
9	9	Sauk Centre	1:07.62
10	9	Minnewaska A	1:08.75
11	9	Yellow Medic	1:09.36
12	10	Yellow Medic	1:09.88
13	10	Atwater-Cosm	1:11.05
14	8	Sauk Centre	1:11.21
15	9	Minnewaska A	1:17.77
16	9	Paynesville	1:26.37
17	9	Bold/Blh*	1:39.39

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1	7	Morris Area/	2:19.89 10
2	12	Montevideo	2:21.24 8
3	10	Morris Area/	2:26.23 6
4	7	Minnewaska A	2:26.30 5
5	11	Minnewaska A	2:34.24 4
6	11	Benson/KMS*	2:37.28 3
7	10	Yellow Medic	2:38.09 2
8	10	Minnewaska A	2:38.58 1
9	11	Montevideo	2:42.60
10	7	Morris Area/	2:44.64
11	9	Montevideo	2:45.15
12	11	Sauk Centre	2:51.77
13	10	Paynesville	2:53.18
14	8	Bold/Blh*	2:56.35
15	12	Sauk Centre	3:02.35
16	7	Sauk Centre	3:03.72
17	10	Paynesville	3:03.79
18	11	Paynesville	3:05.67
19	10	Bold/Blh*	3:12.41
20	10	Atwater-Cosm	3:17.50

Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1	7	Morris Area/	5:22.51 10
2	12	Morris Area/	5:37.29 8
3	10	Yellow Medic	5:41.10 6
4	11	Sauk Centre	5:45.82 5
5	12	Benson/KMS*	5:53.32 4
6	9	Yellow Medic	6:00.01 3
7	9	Atwater-Cosm	6:00.26 2

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Finals ... (Girls 1600 Meter Run)

Name	Yr	School	Finals
8 Alise Ochsendorf	9	Montevideo	6:14.96 1
9 Shania Senkyr	9	Bold/Blh*	6:17.16
10 Alexandra Christen	7	Sauk Centre	6:19.73
11 Rylie Lubenow	9	Morris Area/	6:20.48
12 Mackenzie Walsh	12	Minnewaska A	6:30.14
13 Kristen Goulet	9	Benson/KMS*	6:38.24
14 Sydney Riley	10	Paynesville	7:16.42

Girls 3200 Meter Run

Name	Yr	School	Finals
1 Claire Sulflow	11	Montevideo	12:31.15 10
2 Carla Wittern	12	Morris Area/	12:41.85 8
3 Emma Stueck	8	Montevideo	13:13.58 6
4 Libby Peters	10	Benson/KMS*	13:31.93 5
5 Jessica Senkyr	12	Bold/Blh*	13:35.68 4
6 Angeline Bigalk	7	Sauk Centre	13:43.38 3
7 Lindsey Moser	8	Morris Area/	13:45.11 2
8 Madi Lundebrek	11	Minnewaska A	14:27.34 1
9 Mackenzie Bartels	10	Minnewaska A	16:18.76
10 Alissa Christen	9	Sauk Centre	16:33.96
--- Cassie Weir	9	Yellow Medic	NT
--- Kara Hanson	7	Minnewaska A	NT
--- Madison Greenwaldt	11	Sauk Centre	NT

Girls 100 Meter Hurdles

Name	Yr	School	Finals
1 Jacquelyn Hoeft	9	Paynesville	17.47 10
2 Katie Cannon	10	Morris Area/	17.52 8
3 Midori Soderberg	10	Morris Area/	17.77 6
4 Rebecca Jimenez	11	Paynesville	18.17 5
5 Nicole Lilleberg	9	Atwater-Cosm	18.21 4
6 Sydney Bednar	9	Montevideo	18.34 3
7 Jenna LaFave	9	Minnewaska A	18.42 2
8 Kindra Cannon	12	Morris Area/	18.51 1
9 Addison Bernstein	9	Atwater-Cosm	18.61
10 Kami Ochsendorf	10	Montevideo	18.66
11 Alexis Frank	9	Bold/Blh*	18.71
12 Alyssa Peterson	8	Bold/Blh*	18.96
13 Sam Anderson	8	Yellow Medic	19.57
14 Kimberly Novotny	8	Bold/Blh*	19.96
15 Samantha Pederson	7	Paynesville	20.18
16 Sierra Lindemann	8	Minnewaska A	20.40
17 Kelsey Toft	9	Montevideo	21.66

Girls 300 Meter Hurdles

Name	Yr	School	Finals
1 Midori Soderberg	10	Morris Area/	49.65 10
2 Jacquelyn Hoeft	9	Paynesville	49.74 8
3 Addison Bernstein	9	Atwater-Cosm	51.16 6
4 Kami Ochsendorf	10	Montevideo	51.97 5
5 Makenna Steffel	8	Bold/Blh*	52.24 4

6 Jenna LaFave	9	Minnewaska A	52.29 3
7 Lindsay Schmidt	12	Minnewaska A	53.21 2
8 Anika Mundal	11	Morris Area/	53.99 1
9 Sydney Bednar	9	Montevideo	54.61
10 Nicole Lilleberg	9	Atwater-Cosm	55.03
11 Sophie Ascheman	10	Benson/KMS*	55.26
12 Abbie Mitteness	7	Benson/KMS*	55.50
13 Alyssa Peterson	8	Bold/Blh*	58.32
14 Kimberly Novotny	8	Bold/Blh*	58.78
15 Kelsey Toft	9	Montevideo	59.79

Girls 4x100 Meter Relay

Team	Relay	Finals
1 Minnewaska Area	A	52.68 10
	2) Aiden Riley 8	
3) Madelynn Reichmann 9	4) Mariah Beckius 10	
2 Bold/Blh*	A	53.87 8
1) Ashley Peterson 12	2) Anna Buboltz 9	
3) Josie Lilja 12	4) Makiah Ryberg 10	
3 Montevideo	A	53.88 6
1) Anais Sorenson 10	2) Molly Reeves 9	
3) Alyssa Stern 12	4) Morgan Reidinger 11	
4 Yellow Medicine East	A	55.02 5
1) Chyanne Sand 12	2) Danielle Clark 11	
3) Elena Arce 12	4) Jordan Hinz 11	
5 Atwater-Cosm	A	57.17 4
1) Melissa VanZee 7	2) Victoria Bagley 9	
3) Jeana Denton 7	4) Shayna Kaddatz 12	
6 Benson/KMS*	A	57.80 3
1) Allison Tostenson 12	2) Erica Kill 12	
3) Raquel Curriel 12	4) Sydney Laumeyer 10	
7 Sauk Centre	A	1:01.51 2
1) Aliya Ranta 10	2) Mackenzie Meyer 9	
3) Beth Middendorf 9	4) Jenna Rachey 8	
--- Morris Area/	A	DQ
1) McKenna Lubenow 10	2) Katie Folkman 10	
3) Islande Sperr 9		

Girls 4x200 Meter Relay

Team	Relay	Finals
1 Morris Area/	A	1:49.87 10
1) Anna Grove 10	2) Katie Folkman 10	
3) McKenna Lubenow 10	4) Kindra Cannon 12	
2 Benson/KMS*	A	1:51.43 8
1) Alexis Erhardt 11	2) Carlie Lenz 10	
3) Sophie Ascheman 10	4) Sydney Walsh 11	
3 Paynesville Area	A	1:51.99 6
1) Samantha Pederson 7	2) Jacquelyn Hoeft 9	
3) Rebecca Jimenez 11	4) Katelyn Spanier 10	
4 Montevideo	A	1:56.14 5
1) Anais Sorenson 10	2) Morgan Reidinger 11	
3) Alexis Bartunek 11	4) Alyssa Stern 12	

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Team	Relay	Finals
5 Yellow Medicine East	A	1:56.67 4
1) Chyanne Sand 12	2) Danielle Clark 11	
3) Elena Arce 12	4) Jordan Hinz 11	
6 Atwater-Cosm	A	1:58.49 3
1) Melissa VanZee 7	2) Victoria Bagley 9	
3) Madison Whitcomb 11	4) Shayna Kaddatz 12	
7 Minnewaska Area	A	2:01.18 2
1) Sierra Lindemann 8	2) Madelynn Reichmann 9	
3) Mariah Anderson 9	4) Alexis Piekarski 7	
8 Bold/Blh*	A	2:01.86 1
1) Alexis Frank 9	2) Kimberly Novotny 8	
3) Emma Meyers 9	4) Somer Prechel 7	
9 Sauk Centre	A	2:07.67
1) Mauren Thiesen 12	2) Takhiya Marthaler 11	
3) Aliya Ranta 10	4) Jenna Rachey 8	

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Morris Area/	A	4:15.07 10
1) Anna Grove 10	2) Maddie Carrington 7	
3) Correy Hickman 10	4) Savannah Aanerud 10	
2 Montevideo	A	4:21.90 8
1) Alexis Bartunek 11	2) Jamilah Carson 12	
3) Morgan Reidinger 11	4) Kami Ochsendorf 10	
3 Minnewaska Area	A	4:25.47 6
1) Sierra Lindemann 8	2) Kaylee Glover 11	
3) Lindsay Schmidt 12	4) Makenzia Zemke 10	
4 Atwater-Cosm	A	4:31.20 5
1) Madison Whitcomb 11	2) Kendra Miller 10	
3) Anna Grimsgard 9	4) Kalley Lang 11	
5 Bold/Blh*	A	4:45.14 4
1) Makenna Steffel 8	2) Morgan Schmitz 8	
3) Emma Meyers 9	4) Mariayah Stimpel 12	
6 Yellow Medicine East	A	4:48.81 3
1) Alyssa Formo 10	2) Elena Arce 12	
3) Kaitlyn Ladwig 10	4) Kaitlyn Mortenson 9	
7 Sauk Centre	A	4:58.49 2
1) Madison Greenwaldt 11	2) Takhiya Marthaler 11	
3) Morgan Marthaler 10	4) Maesyn Thiesen 9	
--- Benson/KMS*	A	NT
1) Alexis Erhardt 11	2) Sophie Ascheman 10	
3) Sydney Walsh 11	4) Abbie Mitteness 7	

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Minnewaska Area	A	10:12.29 10
1) Ellie Danielson 7	2) Kaylee Glover 11	
3) Lindsay Schmidt 12	4) Makenzia Zemke 10	
2 Montevideo	A	10:18.52 8
1) Taylor Root 11	2) Emmalee Enevoldsen 9	
3) Julia Voller 9	4) Emma Stueck 8	

3 Atwater-Cosm	A	10:21.59 6
1) Addison Bernstein 9	2) Nicole Lilleberg 9	
3) Emily Naber 9	4) Madison Whitcomb 11	
4 Morris Area/	A	10:26.89 5
1) Savannah Aanerud 10	2) Malory Anderson 7	
3) Rylie Lubenow 9	4) Correy Hickman 10	
5 Benson/KMS*	A	10:31.46 4
1) Allison Egenes 8	2) Ashley Just 11	
3) Jessica Goff 12	4) Libby Peters 10	
6 Bold/Blh*	A	11:30.37 3
1) Shania Senkyr 9	2) Morgan Schmitz 8	
3) Jessica Senkyr 12	4) Mariayah Stimpel 12	
7 Sauk Centre	A	11:36.43 2
1) Mauren Thiesen 12	2) Breanna Thompson 11	
3) Kalindi Rachey 10	4) Angeline Bigalk 7	
8 Paynesville Area	A	12:03.84 1
1) Madison Johnson 10	2) Sydney Riley 10	
3) April Hacker 10	4) Katelyn Dingmann 10	

Girls High Jump

Name	Yr	School	Finals
Finals			
1 Kendra Miller	10	Atwater-Cosm	J4-09.00 10
2 Chyanne Sand	12	Yellow Medic	J4-09.00 8
3 Brandi Dornick	10	Morris Area/	J4-09.00 6
4 Sierra Lindemann	8	Minnewaska A	J4-07.00 5
5 Courtney Johnson	11	Benson/KMS*	J4-07.00 4
6 Anna McCosh	9	Yellow Medic	J4-07.00 3
7 Ellie Danielson	7	Minnewaska A	J4-05.00 1.5
7 Lexi Quigley	11	Montevideo	J4-05.00 1.5

Girls Pole Vault

Name	Yr	School	Finals
Finals			
1 Katelyn Mrozek	12	Paynesville	J9-06.00 10
2 Josie Lilja	12	Bold/Blh*	J9-00.00 8
3 Kindra Cannon	12	Morris Area/	J8-06.00 6
4 Madison Whitcomb	11	Atwater-Cosm	J8-06.00 5
5 Makenna Steffel	8	Bold/Blh*	J8-00.00 4
6 Correy Hickman	10	Morris Area/	J8-00.00 3
7 Rachel Stai	10	Minnewaska A	J8-00.00 2
8 McKenna Lilja	9	Bold/Blh*	J8-00.00 1

Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Katelyn Spanier	10	Paynesville	16-03.00 10
2 Molly Reeves	9	Montevideo	16-02.50 8
3 Ashley Peterson	12	Bold/Blh*	15-11.00 6
4 Anna Grove	10	Morris Area/	15-05.50 5
5 Aiden Riley	8	Minnewaska A	14-10.00 4
6 Katie Cannon	10	Morris Area/	14-09.25 3
7 Kami Ochsendorf	10	Montevideo	14-05.00 2
8 Addison Bernstein	9	Atwater-Cosm	14-04.50 1

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Girls Triple Jump

	Name	Yr	School	Finals
Finals				
1	Jacquelyn Hoeft	9	Paynesville	32-08.00 10
2	Katie Cannon	10	Morris Area/	32-06.75 8
3	Kindra Cannon	12	Morris Area/	32-06.00 6
4	Molly Reeves	9	Montevideo	32-04.50 5
5	Morgan Reidinger	11	Montevideo	31-01.75 4
6	Nicole Lilleberg	9	Atwater-Cosm	30-08.50 3
7	Meeghan Dahlager	8	Yellow Medic	30-07.00 2
8	Shala Nyvold	12	Montevideo	30-03.25 1

Girls Shot Put

	Name	Yr	School	Finals
Finals				
1	Kelsey Rajewsky	11	Benson/KMS*	35-07.00 10
2	Hannah Ricard	12	Benson/KMS*	33-10.50 8
3	Chyanne Sand	12	Yellow Medic	31-11.25 6
4	Natasha Nemmers	10	Minnewaska A	30-07.75 5
5	Katherine Omalley	12	Montevideo	30-07.00 4
6	Moira McNally	11	Morris Area/	30-03.25 3
7	Sarah Bushard	10	Sauk Centre	28-07.00 2
8	Courtney Erickson	11	Minnewaska A	28-04.25 1

Girls Discus Throw

	Name	Yr	School	Finals
Finals				
1	Anna Grimsgard	9	Atwater-Cosm	100-09 10
2	Moira McNally	11	Morris Area/	98-05 8
3	Katia Osman	11	Montevideo	95-04 6
4	Hannah Ricard	12	Benson/KMS*	95-02 5
5	Courtney Erickson	11	Minnewaska A	85-06 4
6	Katherine Omalley	12	Montevideo	83-06 3
7	Karina Kinzler	9	Atwater-Cosm	82-04 2
8	Sarah Bushard	10	Sauk Centre	81-03 1

Women - Team Rankings - 18 Events Scored

1)	Morris Area/Chokio-Alberta*	168
2)	Montevideo	107.5
3)	Minnewaska Area	92.5
4)	Paynesville Area	78
5)	Atwater-Cosmos-Grove City	73
6)	Benson/KMS*	68
7)	BOLD/BLH*	54
8)	Yellow Medicine East	42
9)	Sauk Centre	17